

5 Ways to Reduce Carbon Pollution

Submitted by CRD Environmental Services

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You can help fight climate change with these top tips

Many of our daily activities result in carbon pollution, and it's disrupting our climate. Changing how we live, how we travel, and how we deal with our waste can help. Be part of the climate solution by trying one of these tips!

1. Get active by walking, biking, or taking public transit

- Active travel, like walking or biking, reduces carbon pollution but is also good for your health and saves money. Need a boost? Try an e-bike!

2. Choose electric for your next vehicle

- Almost half of the carbon pollution in our region comes from driving vehicles. In BC, electric vehicles (EVs) generate 85-90% fewer emissions than gas cars over their lifetime.
- Charging an EV costs 75% less than fueling up, and EVs are cheaper to maintain. Plus, receive up to \$8,000 in rebates! Visit goelectricbc.gov.bc.ca.
- Charge at home or on the go! The capital region has over 200 EV charging stations – check out this interactive map at www.plugshare.com.

3. Make your home climate-friendly

- Switch from natural gas, propane, or oil heating to an electric heat pump. Heat pumps provide heating, air conditioning, dehumidification and air filtration. Rebates of more than \$3,000 are available! Visit www.crd.bc.ca/heatpump for more information.
- Borrow one of our Climate Action To-Go Kits from your local library for tools and activities that can help you reduce energy use at home.

4. Strive for 5-minute showers

- Showering is the second biggest water use at home! Taking a shorter shower means less energy is used to heat water as well as deliver and treat it. Saving water builds resilience for our water supply as we experience longer dry spells caused by climate change.
- Switch to a high-efficiency showerhead for more water and energy savings without losing pressure. Learn more at www.crd.bc.ca/shower.

5. Reduce waste and compost food scraps

- Decomposing garbage in landfills, especially organic waste like food scraps, produces carbon pollution as it breaks down.
- By preserving food, making a meal plan, using up leftovers, and always composting your kitchen scraps you are fighting climate change! Find out more at www.lovefoodhatewaste.ca.

For more climate action tips and resources, visit www.crd.bc.ca/education/climate-action.